

WHAT YOU NEED TO KNOW ABOUT MARIJUANA



WEED, POT, GRASS, REEFER, GANJA, MARY JANE, BLUNT, JOINT, TREES

AFFECTS ON THE BRAIN

THC has an impact on brain cells particularly those in circuits that control learning and memory, coordination, and addiction.



AFFECTS ON SELF CONTROL

Marijuana can have a significant impact on your coordination and perception of time, which can make activities like driving dangerous.

AFFECTS ON THE LUNGS

Marijuana smoke deposits four times more tar in the lungs and contains 50% to 70% more cancer-causing substances than tobacco smoke does.



BEFORE YOU RISK IT!

- 1. Get The Facts:** Using marijuana can cause memory problems and mood changes, and long-term use may lower intelligence.
- 2. Stay Informed:** Research suggests that teens usually try alcohol, tobacco, and marijuana before other drugs. There is current research suggesting a correlation between Marijuana Legalization and the Opioid Epidemic; specifically increases in overdose rates in legalized states.
- 3. Know The Risks:** Marijuana affects coordination and reaction time. Poly substance use (the use of multiple substances) increases the risk of vehicle crashes. Marijuana can negatively affect IQ, preexisting psychological conditions, and achievement.

KNOW THE SIGNS OF MARIJUANA USE



Poor Physical
Coordination



Red Eyes



Unusual Smell On
Clothing



Problems With
Short Term Memory



Anxiety



Increased Appetite

MARIJUANA



JOIN TOGETHER NORTHERN NEVADA

THIS PROJECT IS MADE POSSIBLE, IN PART, BY A GRANT FROM THE NEVADA DIVISION OF PUBLIC AND BEHAVIORAL HEALTH.



REFERENCES

CDC. (2019). Retrieved From <https://store.samhsa.gov/sites/default/files/d7/priv/pep19-05.pdf>
CDC. (2021). Retrieved from <https://www.cdc.gov/marijuana/health-effects/teens.html>
CDC. (2020). Retrieved from <https://www.cdc.gov/marijuana/health-effects/brain-health.html>
CDC. (2020). Retrieved from <https://www.cdc.gov/marijuana/health-effects/driving.html>
CDC. (2020). Retrieved from <https://www.cdc.gov/marijuana/health-effects/lung-health.html>

LIST OF RESOURCES

Find a Treatment Facility: <http://findtreatment.gov>
National Treatment Hotline: 1-800-662-4357
Crisis Support Services: Call 988 or Text "care" to 839863
Reno ASAP Alcohol and Drug Services: 620-665-6446
Join Together Northern Nevada: 775-324-7557
Nevada State Opioid Response: <http://nvopioidresponse.org>
Northern Nevada HOPES: 775-786-4673
The Life Change Center: 775-355-7734
Washoe County Human Services: 775-785-8600
Quest Counseling & Consulting: 775-786-6880
Vitality: 775-322-3668
Willow Springs: 1-800-448-9454