

# METHAMPHETAMINE & PSYCHOSTIMULANTS



**METH, SPEED, CRYSTAL, CRANK, CHALK, TINA, TWEAK, GO-FAST, ICE, GLASS UPPERS**

## AFFECTS ON THE BRAIN

- Changes the brain for control reward, stress, decision-making, & impulse control.
- It is difficult to stop using even when it is having negative effects.

## AFFECTS ON THE BODY

- Increases heart rate, blood pressure, & risk of stroke.
- Extreme use causes severe dental problems, extreme weight loss, & skin sores.

## AFFECTS ON SELF CONTROL

- Meth is addictive & can cause aggression, violent behavior, and psychosis (loss of contact with reality).

## WHAT DOES METH LOOK LIKE?

- Methamphetamine is a white, odorless, bitter-tasting crystalline powder that dissolves easily in water or alcohol.
- Crystal meth resembles glass fragments or shiny blue-white "rocks" of various sizes.
- It can be made from ingredients that are used in products such as: batteries, drain cleaner, fertilizer, nail polish remover, and paint thinner.

## WHAT ARE THE SIGNS OF METH USE?

- Inability to sleep or unusual sleep patterns
- Psychotic behaviors such as paranoia and hallucinations
- Nervous obsessive activities, such as scratching
- Irritability, anxiety, or confusion
- Extreme anorexia
- Changes in physical appearance (deteriorating skin and teeth)

## METHAMPHETAMINE IS THE HIGHEST CAUSE OF DEATH IN WASHOE COUNTY

According to SAMHSA, about 2 million people aged 12 years or older use meth in any given year & 500 people try meth for the first time everyday.

This project is made possible, in part, by a grant from the Nevada Division of Public and Behavioral Health.

Methamphetamine. (n.d.) Retrieved February 22, 2023. [https://www.dea.gov/sites/default/files/2020-06/Methamphetamine-2020\\_0.pdf](https://www.dea.gov/sites/default/files/2020-06/Methamphetamine-2020_0.pdf)

Methamphetamine Fact Sheets. (n.d.) Retrieved February 22, 2023. <https://www.dea.gov/factsheets/methamphetamine>

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Methamphetamine Research Topics. (n.d.) Retrieved February 22, 2022. <https://nida.nih.gov/research-topics/methamphetamine>

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Meth Resources. (n.d.) Retrieved February 22, 2022. <https://www.samhsa.gov/meth/resources>

Tips for Teens: Methamphetamine. (2018) <https://store.samhsa.gov/sites/default/files/d7/priv/pep18-03.pdf>

Last Reviewed: December 2023

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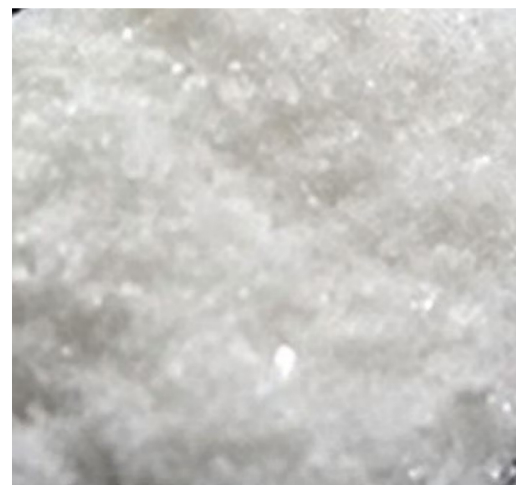
## FACT SHEET FOR LAW ENFORCEMENT



**Crystal Meth**



**Blue Crystal Meth**



**Powdered Crystal Meth**

### METHAMPHETAMINE IS A HIGHLY ADDICTIVE STIMULANT THAT AFFECTS THE CNS!

#### WHAT DOES CRYSTAL METH LOOK LIKE?

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**Methamphetamine is illegal in all states & is a Schedule II Stimulant under the Controlled Substances Act. This means that it has a high potential for abuse!**

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# METHAMPHETAMINE & PSYCHOSTIMULANTS



## FACT SHEET FOR YOUTH



### AFFECTS ON THE BRAIN

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### AFFECTS ON THE BODY

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### AFFECTS ON SELF CONTROL

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### WHAT ARE THE SLANG TERMS?

Meth, Speed, Crystal, Crank, Chalk, Tina, Tweak, Go-Fast, Ice, Glass Uppers

**METH IS ILLEGAL, ADDICTIVE, AND DANGEROUS. TALK TO YOUR PARENTS, A DOCTOR, A COUNSELOR, A TEACHER, OR ANOTHER ADULT YOU TRUST IF YOU HAVE QUESTIONS.**



**Meth Is Illegal!**



**Meth Is Dangerous!**



**Meth Can Kill!**

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