

WHAT YOU NEED TO KNOW ABOUT METHAMPHETAMINE & PSYCHOSTIMULANTS



METH, SPEED, CRYSTAL, CRANK, CHALK, TINA, TWEAK, GO-FAST, ICE, GLASS UPPERS

AFFECTS ON THE BRAIN

Changes the brain for control reward, stress, decision-making, & impulse control
It is difficult to stop using even when it is having negative effects.

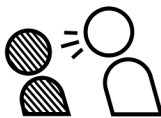


AFFECTS ON THE BODY

Increases heart rate, blood pressure, and risk of stroke
Extreme use causes severe dental problems, extreme weight loss, & skin sores.

AFFECTS ON SELF CONTROL

Meth is addictive & can cause aggression, violent behavior, and psychosis (loss of contact with reality).



WHAT DOES METH LOOK LIKE?

Methamphetamine is a white, odorless, bitter-tasting crystalline powder that dissolves easily in water or alcohol.

Crystal meth resembles glass fragments or shiny blue-white "rocks" of various sizes.

It can be made from ingredients that are used in products such as: batteries, drain cleaner, fertilizer, nail polish remover, and paint thinner.

KNOW THE SIGNS OF METH USE



Inability to sleep or unusual sleep patterns



Psychotic behaviors such as paranoia and hallucinations



Nervous obsessive activities, such as scratching



Irritability, anxiety, or confusion



Extreme Anorexia



Changes in physical appearance

METHAMPHETAMINE & PSYCHOSTIMULANTS



JOIN TOGETHER NORTHERN NEVADA

THIS PROJECT IS MADE POSSIBLE, IN PART, BY A GRANT FROM THE NEVADA DIVISION OF PUBLIC AND BEHAVIORAL HEALTH.



https://www.dea.gov/sites/default/files/2020-06/Methamphetamine-2020_0.pdf
 Methamphetamine. (n.d.) Retrieved February 22, 2023.
<https://www.dea.gov/factsheets/methamphetamine/Drug Facts>.
 (n.d.) Retrieved February 22, 2022
<https://nida.nih.gov/publications/drugfacts/methamphetamine>
 Research Topics. (n.d.) Retrieved February 22, 2022. <https://nida.nih.gov/research-topics/methamphetamine>
 What is Meth. (n.d.) Retrieved February 22, 2022.
[https://nida.nih.gov/publications/research-reports/methamphetamine/what-](https://nida.nih.gov/publications/research-reports/methamphetamine/what-methamphetamine)
 methamphetamine Meth Resources. (n.d.) Retrieved February 22, 2022.
[https://www.samhsa.gov/meth/resources/Tips for Teens: Methamphetamine. \(2018\)](https://www.samhsa.gov/meth/resources/Tips%20for%20Teens)
<https://store.samhsa.gov/sites/default/files/d7/priv/pep18-03.pdf>

REFERENCES

- LIST OF RESOURCES**
 Find a Treatment Facility: <http://findtreatment.gov>
 National Treatment Hotline: 1-800-662-4357
 Crisis Support Services: Call 988 or Text "care" to 839863
 Reno ASAP Alcohol and Drug Services: 620-665-6446
 Join Together Northern Nevada: 775-324-7557
 Reno Behavioral Health: 775-393-2200
 Northern Nevada HOPES: 775-786-4673
 The Life Change Center: 775-355-7734
 Washoe County Human Services: 775-785-8600
 Quest Counseling & Consulting: 775-786-6880
 Vitality: 775-322-3668
 Willow Springs: 1-800-448-9454