

WHAT YOU NEED TO KNOW ABOUT NALOXONE



NALOXONE IS A MEDICATION THAT RAPIDLY REVERSES AN OPIOID OVERDOSE.

WHAT IS AN OVERDOSE?

An overdose happens when a person takes an amount of a drug, or a combination of drugs, that is more than their body can handle. The CNS is not able to control basic life functions.



WHAT IS NALOXONE?

Naloxone is a medication approved by the Food and Drug Administrations (FDA) that can temporarily reverse an opioid overdose.

WHAT ARE OPIOIDS?

Opioids include, but are not limited to, medications prescribed by doctors to treat pain. Opioids might also be taken or used to get high.



HOW TO RESPOND TO AN OVERDOSE

1. Shout their name and shake their shoulders.
2. Call 911 if they are unresponsive and tell the dispatcher someone is unconscious and not responding.
3. Administer naloxone - 1 spray in their nostril - even if you are unsure if the person is overdosing on opioids.
4. Perform rescue breathing and/or chest compressions.
5. Is it working? If there is no improvement after 2-3 minutes, repeat steps 3 and 4.
6. Stay with them.

KNOW THE SIGNS OF OVERDOSE



Person Can't Be Woken Up



Breathing Has Slowed or Has Stopped



Snoring or Gurgling Sounds



Fingernails and Lips Turn Blue or Purple



Pupils are Tiny or Eyes Rolled Back



Body is Limp

NALOXONE

JOIN TOGETHER NORTHERN NEVADA

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REFERENCES

<https://www.cdc.gov/opioids/overdoseprevention/index.html>
Substance Abuse and Mental Health Services Administration. SAMHSA Opioid Overdose Prevention Toolkit. HHS Publication No. (SMA) 18-4742PT2. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2018.
<https://www.renogo.gov/DocumentCenter/View/9593/Overdose-Trends-in-Reno-County> <https://www.dea.gov/sites/default/files/2021-05/Counterfeit%20Pills%20Fact%20Sheet-5-13-21-FINAL.pdf> https://jtnn.org/wp-content/uploads/2023/01/JTNN_CCP_2022_2024_FINAL-1.pdf
<https://www.cdc.gov/opioids/overdoseprevention/reverse-od.html>

LIST OF RESOURCES

Find a Treatment Facility: <http://findtreatment.gov>
National Treatment Hotline: 1-800-662-4357
Crisis Support Services: Call 988 or Text "care" to 839863
Reno ASAP Alcohol and Drug Services: 620-665-6446
Join Together Northern Nevada: 775-324-7557
Nevada State Opioid Response: <http://nvopioidresponse.org>
Northern Nevada HOPES: 775-786-4673
The Life Change Center: 775-355-7734
Washoe County Human Services: 775-785-8600
Quest Counseling & Consulting: 775-786-6880
Vitality: 775-322-3668
Willow Springs: 1-800-448-9454